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Cardiac Status in Hepatitis B Virus and Hepatocellular Carcinoma in Egyptian Adolescents

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ABSTRACT Hepatitis B

Keywords: Hepatitis B virus, hepatocellular carcinoma, Adolescents, Troponine I , Creatin Kinase MB , IL-6, Anthropometry, Echocardiography Hepatitis B virus (HBV) is the major risk factor of hepatocellular carcinoma (HCC) in all age groups. There is a need to find the effect of them on the cardiac status in adolescence age by laboratory and physical examination for assessment of different outcomes of both diseases. Cross sectional study included 15 adolescents with HBV, another 15 with HBV complicated by HCC and 15 healthy persons served as control with age range 12 up to 18 years (14.4 ± 3.58). They were selected for laboratory interleukin 6 (IL-6), Troponine I and Creatin Kinase MB fraction (CK MB) testing and further were examined at the Cardiology Unit in Pediatric department of Ain Shams University hospitals for complete echocardiographic and anthropometric evaluation. 15 patients have HCC with HBV were examined with mean age 14.15±3.01 years and another 15 are having HCV (14.64±4.13 years). The duration of HCC was 2.16 ± 2.89 years while the exposure of HBV was 2.27 ±3.35 years in the HCV group. Differences were found between both groups regards IL-6 as mean values were 0.26 pg/ml in HBV and 0.721 pg/ml in HCC group while no differences between groups were detected regards cardiac markers ; troponine I and CK MB and anthropometric evaluations. In adolescent patients with HBV and HBV with HCC, there is no change in the cardiac status.

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Introduction:

Worldwide, hepatitis B virus (HBV) is the most common among those hepatitis viruses that cause chronic infections of the liver in humans, and it represents a global public health problem, chronic hepatitis caused by HBV is the major of hepatocellular carcinoma cause worldwide, (HCC) and remains therefore a major public health problem Egypt has globally1. a marked incidence of bilharzial infection.

smoking, HBV, and HCV which give us the ability to identify a high-risk group of HCC patients among the patients of chronic liver disease and cirrhosis 2. In Egypt the incidence of HCC can increase until its peak with the year 2018³.The liver diseases affecting the heart include complications of cirrhosis such as hepatopulmonary syndrome , portopulmonary hypertension , pericardial effusion, and cirrhotic

cardiomyopathy as well as non-cirrhotic cardiac disorders such as high-output intrahepatic failure caused by arteriovenous fistulae. Cirrhotic liver diseases are associated with abnormalities in cardiac geometry and function in adults (cirrhotic cardiomyopathy, CC) but rarely cirrhotic explored in infants or children⁴. The development of cardiomyopathy increases their risk of development of exercise fatigue, hepatorenal syndrome, postoperative complications, dysrhythmias, and death ⁵⁻⁷. In addition, several features of CC subside after transplant, suggesting that in the setting of cirrhosis, the heart responds to signals from the diseased liver in ways that, if prolonged, may detrimental to the patient⁸. prove Regards Hepatocellular carcinoma (HCC), it is the fifth most popular malignancy in the sphere, It is a prime malignancy of the liver and comes predominantly in patients with implied chronic liver disease and cirrhosis⁹. It's happening is rising worldwide ranging between 3% and 9% per year. In Egypt in last ten years the of HCC incidence has been doubled¹⁰, and it had been notified to count for nearly 4.7% of chronic liver disease (CLD) patients^{,11}. The evaluated happening of novel cases is about 500 000 - 1000 000 annually, give rise to 600 000 deaths globally per vear¹²⁻¹⁴. Isolated Kupffer cells and LSEC have been shown to produce proinflammatory cytokines interleukin (IL)-6, and tumor necrosis factor (TNF) α , but also IL-1 β , IL-10, and interferons ¹⁵. The inflammatory cytokine, IL-6, is a cytokine with several functions that performs a master role in the reply of hepatic epithelia to inflammation ¹⁶. Cardiac troponins (cTn) and CK MB are the preferred biomarkers for detection of myocardial cell necrosis and they are essential for the diagnosis of acute myocardial infarction (AMI)¹⁷. Therefore, the existing project was done to estimate the cardiac functions and grades of IL 6 in Egyptian adolescents with HBV and HCC.

Materials and Methods

The current project is a retrospective observational cross-sectional study of subjects who visited the Hepatology unit in Pediatric department of Ain Shams University hospitals Cairo, National Hepatology and Tropical Medicine Research Institute Cairo, Hepatology unit in Abu El-Rish children hospitals ,Cairo , National Liver Institute, Menofia and Egyptian Liver Research Institute and Hospital Publication Center, Mansoura, from attendants of outpatient clinic and from inpatients in the time between August 2014 to July 2017 under ethical of pediatric department. committee Faculty of Medicine , Ain Shams University, that is organized and operated according to the Declaration Helsinki for human subject of researcher. 15 patients have chronic HBV proved PCR without liver complications, another 15 have HCC with HBV without further complications proved by alphafetoprotein (AFP) over 800 ng/ml and 15 healthy controls were registered in this project. All studied groups were without liver complications, this due to the liver complications need prolonged time to be developed and due to the young age of the studied groups . Study Data such as age and sex were collected by using questionnaire. Cardiac assessment by Echocardiography (2D) and ECG was done at the Cardiology Unit in Pediatric department of Ain-Shams University hospitals to assess both systolic and diastolic functions, cardiac geometry and dimensions and Cardiac Index that relates the cardiac output (CO) from left ventricle in one minute to body surface area (BSA), thus

relating heart performance to the size of the individual. The unit of measurement is liters per minute per (L/min/m2).square meter Blood samples for the measurement of serum IL-6, Troponine I and CK MB levels were collected via venipuncture 8:00 performed between and 12:00 AM, and were detected utilizing the ELISA using a commercial kit (Ray Biotech, Inc, USA).

Results

The current study documented that 15 patients of HCC with HBV were examined with mean age $(14.15\pm3.01 \text{ y})$ and another 15 having HBV $(14.64\pm4.13 \text{ y})$. The duration of HCC was $(2.16\pm2.89 \text{ y})$ while the exposure of HBV was $(2.27\pm3.35 \text{ y})$.

It was noticed that no differences were found in the cardiac status in the all groups in relation to Z scores of left atrial diameter, left ventricle mass, left ventricular end diastolic diameter, posterior wall thickness and interventricular septum in diastole as (p= 0.424, 0.075, 0.120, 1.000 and 0.369 respectively) (Table1).

While comparing both echocardiographic functions between the studied groups (Tables 2,3) no significant differences were found systolic regards both functions; ejection fraction, fraction shortening, stroke volume, cardiac output, end diastolic volume and cardiac index where (p value= 0.351, 0.312 0.799, 0.851, 0.706, and 0.212), and diastolic functions; E/A ratio where (P value= 0.604).

Table 4 shows significant difference between corrected QT interval in both groups as the mean QTc interval in HCC patients was (0.46 ± 0.04) that is mildly elevated and in HBV patients (0.42 ± 0.02) that is in normal range as P value= (0.039).

Moreover table 5 shows that no statistically significant differences were found between the 2 studied groups as regards anthropometric measurements as in comparison of the 2 groups regards Z scores of body weight, height and body mass index as (P value= 0.602, 0.892 and 0.904).

It was noticed that no differences were found in the cardiac status in the all groups in relation to cardiac biochemical markers (Tables 6,7),(Fig.1,2).

Statistically significant difference between HCC and HBV patients was found in relation to IL-6 (P < 0.001) (Table 8)

Discussion

The adolescents patients with HBsAg positive and with HCC positive were rare, as HBV infection is declining due to the administration of vaccination. This agrees with Esmat G.¹⁸ who reported that according to a metaanalysis regarding viral hepatitis prevalence in Egypt, HBV and HCV were found among 25.9% and 78.5% of HCC cases. This is also in agreement with El-Zavadi¹⁹ who noticed a significant decline of HBV infection in HCC patients from 38.6% to 20.5% in their study for HCC in Egypt.

Several inflammatory cytokines included tumor necrosis factor (TNF)-a, IL-1a, IL-1b, IL-6, and IL-8, were involved in chronic liver inflammation, among IL-6 is thought the mostly important one²⁰⁻²². In the current project, slightly increase grades of serum IL-6 were associated with the HBV-infected group. This outcome came in approval with findings of a polish study which showed that serum IL-6 levels are elevated in patients with

chronic liver inflammation including alcoholic hepatitis. HBV. HCV infections, and steatohepatitis²³. In this study, marked raise grades of serum IL-6 were associated with the infected hepatocellular carcinoma group. IL-6 intracellular signaling includes a complex network of several pathways²⁴⁻²⁶. One study showed that IL-6 grades were raised in the patients with chronic liver disease that included cirrhosis and HCC²⁷. However, IL-6 grades were marked elevated in HCC patients with comparison to cirrhotic patients without cancer²⁸.

The existing results were in accordance with many other studies 29-31 that showed that IL-6 grades in patients with HCC were elevated than those in LC (Liver cirrhosis), on the other hand the current results were not consistent with Ghaderi-Zefrehi H ³² who displayed that IL-6 grades were normal in both chronic liver disease (CLD) and HCC patients, also were not consistent also with Metwalv HA³³ who set a marked reduction in IL-6 grades in patients with HCC with the comparison to cirrhotic patients.

Cardiac troponins (cTn) are the preferred biomarkers for detection of myocardial cell necrosis and they are essential for the diagnosis of acute myocardial infarction (AMI) ³⁴. Cardiac troponins (cTn) I remain superior biomarkers for AMI diagnosis ³⁵. Serum CK MB levels were highly significant increased in myocardial infarction compared to control group ³⁶.

Importantly, no differences were found in the cardiac biomarkers Troponine I CK MB and and in all echocardiographic parameters between Hepatitis B patients and HCC group including systolic and diastolic functions even most of the data remains similar to the normal healthy population, unfortunately we found no other previous studies to compare our results with, on the contrary there was a significant difference regards corrected QT interval during ECG study between the 2 groups as p value= (0.043), thought both values (0.45 and 0.42 Sec) remains in the normal range and theoretically tends to resolve with treatment, also during comparison of the anthropometric measurements no statistically significant differences were found between Z scores of body weight, height and body mass index. That was an expected result that needs to be confirmed by further studies even if it was in agreement with **Desai** MS^4 as different liver conditions tend to affect the growth velocity in the adolescence stage of life.

Conclusion

We can glean from this study and these findings that in adolescents, there is no change in the cardiac status in HBV patients and HBV patients with HCC in regard to normal adolescents. Cardiac and anthropometric evaluation have failed to compare and differentiate between Hepatitis B and hepatocellular carcinoma in adolescents, though instead we can rely on biological markers that showed to be helpful as IL-6.

LIST of ABBREVIATIONS

- HBV : Hepatitis B virus.
- HCC : Hepatocellular carcinoma
- CC : Cirrhotic cardiomyopathy
- CLD : Chronic liver disease
- IL-6 : Interleukin 6

CK MB : Creatin Kinase

Conflicts of interests: The authors declare that they have no conflict of interest.

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agency in the public, commercial or not-for-profit sector

Ethical consideration

Written informed consents were obtained from all sharers. Each sharer has the truth to agree or reject sharing illustrating after the target. Confidentiality of collected data was secured to sharers. The survey was approved by ethical committee of pediatric department, Faculty of Medicine, Ain Shams University, that is organized and operated according to the Declaration of Helsinki for human subject researcher.

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Echocardiographic	HCC patients	HBV patients	Mann-Whitney Test	
parameters	with HBV		Z	P-value
zLAD	1.62	-0.23	0.833	0.424
zLVM	0.72	0.38	1.71	0.075
zLVEDD	1.02	0.08	1.621	0.120
zPWD	1.29	1.63	0.000	1.000
zIVS	1.42	0.67	0.892	0.369

 Table 1: Comparison between echocardiographic parameters between the studied groups

zLAD: Z score of left atrial diameter, zLVM: Z score of left ventricle mass, zLVEDD: Z score of left ventricular end diastolic diameter, zPWD: Z score of posterior wall thickness, zIVS Z score of interventricular septum

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Echocardiographic		HCC patients with HBV	Т	Р
Systolic Functions	Mean ± SD	Mean ± SD		value
EF %	69 ± 6	71 ± 8	0.955	0.351
FS %	37 ± 5	40 ± 6	1.059	0.312
SV (ml)	42 ± 21	40 ± 19	0.211	0.799
CO (L/min)	4.15 ± 2.54	4.23 ± 2.45	0.298	0.851
EDV (ml)	60 ± 34	61 ± 29	0.396	0.706
CI (L/min/m ²)	4.71 ± 2.18	5.72 ± 2.54	1.265	0.212

Table 2: Comparison between systolic functions between the studied groups

t- Independent sample t-test was used in that comparison. EF: ejection fraction, FS: fraction shortening, SV: stroke volume, CO: cardiac output, EDV: end diastolic volume, CI: cardiac index

Echocardiographic Diastolic		HCC patients with HBV		Р
Functions		Mean ± SD		value
E/A ratio	1.74 ± 1.1	1.99 ± 1.54	0.488	0.604

t- Independent sample t-test was used in that comparison. p value considered significant if < 0.05.

Table 4: Comparison between	the studied groups	as regards increased	QTc interval

ECG	HBV patients	HCC patients with HBV	Т	P value	
	Mean ± SD	Mean ± SD			
QTc interval(Sec)	0.42 ± 0.02	0.46 ± 0.04	2.210	0.039	

t- Independent sample t-test was used in that comparison. p value considered significant if < 0.05.

Anthropometric		HCC patients		Mann- Whitney Test		
measure		HRV natients -		HBV patients with HBV		P-value
zWeight	Median (IQR)	-0.17 (1.26)	-0.21 (1.32)	0.602		
zHeight	Median (IQR)	-0.137 (1.83)	-0.14 (1.89)	0.892		
zBMI	Median (IQR)	-0.149 (1.22)	-0.153 (1.32)	0.904		

IQR:interquartile range, zBMI: Z score of body mass index

Table 0. Setum Troponne Tamong the studied groups						
Troponine I (ng/ml)	Mean	SD +	SE +	t-test	P-value of t- test	
HBV	0.13	0.03	0.01	0.34	P > 0.05 N.S.	
HBV + HCC	0.13	0.04	0.01	0.32	P > 0.05 N.S.	
Control	0.12	0.03	0.01			

 Table 6: Serum Troponine I among the studied groups

Table 7: Serum CK MB among the studied groups

СК МВ (U/L)	Mean	SD +	SE +	t-test	P-value of t- test
HBV	0.1	0.02	0.01	- 0.57	P > 0.05 N.S.
HBV + HCC	0.11	0.02	0.01	0.01	P > 0.05 N.S.
Control	0.11	0.02	0.01		

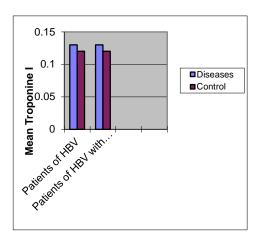


Fig.1 Serum Troponine I among the studied groups

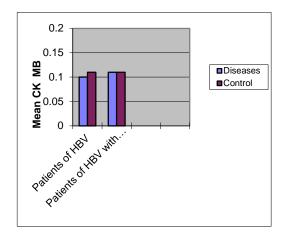


Fig.2 Serum CK MB among the studied groups

IL-6 (pg/ml)	Mean	SD +	SE +	t-test	P-value of t- test
HBV	0.26	0.02	0.01	13.93	P < 0.001 H.S.
HBV + HCC	0.72	0.02	0.01	79.57	P < 0.001 H.S.
Control	0.15	0.02	0.01		