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Protective effect of licorice (glycyrrhiza glabra linn) on indomethacin-induced gastric ulcer in male albino rats.

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ARTICLE INFO	ABSTRACT		
Keywords:	Objective: This study aimed to investigate the protective role of		
Glycyrrhiza glabra Linn, inflammation, Peptic ulcer, Interleukin 6.	licorice on indomethacin-induced gastric ulcer in male albino rats		
repue dicer, incritedkin ö.	compared to anti-ulcer drug; ranitidine. Methods: Fifty male adult		
Abbreviations	rats were randomly allocated into five groups (10 rats/each); control,		
IND , indomethacin	licorice, indomethacin, licorice/indomethacin, and		
	ranitidine/indomethacin treated groups. Serum, gastric juice, and		
	gastric tissues were collected for biochemical and histopathological		
	analysis. Results: The obtained results revealed that licorice pre-		
	treatment showed potent anti-ulcerative effect as; volume and total		
	acidity of gastric secretion were markedly decreased, attenuated the		
	severity of gastric lesion as confirmed by PM and histopathological		
	examination showed preservation of gastric epithelium and ulcer		
	healing. Moreover, gastric ulcer score, gastric MDA, and serum IL-6		
	were obviously decreased along with increased gastric GSH, CAT		
	activity and NO. Interestingly licorice had no side effects on the liver		
	and kidney evidenced by increased serum total protein, and albumin		
	besides declined the activities of serum aminotransferases without		
	significant changes in the serum urea, uric acid, sodium, potassium,		
	and chloride levels. Conclusion: It was concluded that the used dose		
	of licorice showed potent anti-ulcerative activity and more safer on		
	the liver and kidney functions compared to the standard commercial		
	drug; ranitidine.		

Introduction:

Peptic ulcer is one of the most common gastrointestinal disease [1].It occurs due to the imbalance between the aggressive gastric acid secretion and defensive gastric mucosal integrity factors affecting considerable number of people worldwide [2]. Ulcer is an erosion of mucosal layer or excavation of the tissue surface due to sloughing inflammatory necrotic of tissue. Negative outcomes include bleeding, perforation, and even death may occur [3]. Ulcer treatment aimed to relieve pain. crucial. and prevent its' reoccurrence; but appropriate treatment

regimen has not been found, efforts are still on to find suitable treatments for ulcer [4]. Group of endogenous and exogenous factors including acid, pepsin, stress, and noxious agents as alcohol. non-steroidal antiinflammatory drugs (NSAIDs), Helicobacter pylori, smoking, and alcohol consumption known to cause or aggravate gastric ulcer [5]. Studies have shown that more than 50% of patients taking indomethacin have adverse reactions include discomfort, ulcers, and bleeding [6]. It has been shown to increase both lipid peroxidation and the production of reactive oxygen species (ROS) in the gastrointestinal mucosa of laboratory animals **[7]**, that can damage membranes and stomach tissues **[8]**.

Using of herbal medicines for prevention and treatment of different pathologies is in continuous expansion worldwide. Several plants and herbs have been used to treat GI disorders, including gastric ulcer [9] as Aloe vera, Chilli pepper, Ginseng, and Ginger. Licorice (Glycyrrhiza glabra Linn) is a plant used in traditional medicine for its ethno-pharmacological value. It is found to contain important phytoconstituents as glycyrrhizin, glycyrrhizinic acid, glabrin A and B, and isoflavones. It is effectively used as anti-inflammatory, anti-bacterial, anti-fungal, anti-diabetic, antiviral. anti-ulcer, antioxidant, and antidiuretic agent [10]. Licorice is usually used to improve health, lengthen life span [11], enhance memory activity [12], and heart condition [13]. Licorice root was the most effective in reducing body weight and overall fat deposition [14]. It is also traditionally used in the treatment of ulcer and tumor [15]. Deglycyrrhized licorice (DGL) is used in peptic ulcers due to its flavonoids. This form has a reduced mineralocorticoid activity and therefore used in treatment of peptic ulcer for healing purposes[16].

The current study aimed to clear the protective role of 100 mg/kg licorice on peptic ulcer induced by indomethacin in male rats, its potency and safety compared to ranitidine through estimation of some selected biochemical and histopathological indices.

Materials and Methods: Chemicals and Reagents

Licorice capsule 450 mg was purchased from (Nature's Way Brands,

Green Bay. WI54311. USA). Indomethacin capsule 25 mg (KAHIRA. Pharm & CHEM. IND. CO. Egypt), Ranitidine tablet 150 mg (Med. Union Pharm, Egypt), Kits for Urea, Uric acid, AST, ALT was purchased from Vitro Scient. Kits for Albumin, Total protein was purchased from Bio-mid Diagnostic, Egypt. Kits for Na, K, Cl, IL-6 supplied by Cobas. Kits for NO, GSH, CAT, MDA was purchased from Biodiagnostic Co, Egypt.

Experimental Design

Fifty adult white male albino rats weighting 150 ± 20 g were obtained from Medical Technology center, Medical Research Institute (MRI), Alexandria University. Rats were housed in separate cages. Fresh and clean drinking water were supplied free access, were maintained on balanced diet, under 12/12 h light/dark cycle throughout the period of experiment, were left two weeks for acclimatization. All animal treatments completely strictly with institutional ethical guidelines of the care and use of laboratory animals and minimizing stressful external condition affect the laboratory animals as much as possible.

Rats were randomly divided in to 5 groups each 10 rats. Group I received diet without any treatment served as control. Group II received licorice orally (100 mg/kg) daily for 3 weeks. Group III received indomethacin (40 mg/kg) oral single dose by gastric gavage [17]. Group IV received licorice (100 mg/kg) for 3 weeks, followed by single dose of indomethacin (40 mg/kg). Group V ranitidine 50 received mg/kg (reference drug) orally for 3 weeks [18] followed by single dose of indomethacin (40 mg/kg). All rats treated with indomethacin were sacrificed after 4 h **[19]**.

Blood collection

At the end of experiment, rats after overnight fasting were anesthetized. Blood samples were collected from retro-orbital sinus of eye in dry, clean tubes, were allowed to clot. Serum was separated by centrifugation at 3000 rpm for 15 min, transferred to Eppendorf, frozen at 20- 0c for biochemical analysis.

Collection of gastric juice

The anterior abdominal wall was opened and the stomach was dissected. After dissection, rats' stomachs were ligated from its two ends (the pylorus and the lower esophagus), then injected with 2 ml distilled water. A small incision was made for each fore stomach, and the stomach contents were expelled [20]. Gastric contents were collected in tubes measured for volume. Gastric juice was centrifuged at 4000 rpm for 15 min and the supernatant was used for determining pH and total acidity [21].

Preparation of gastric homogenate

Stomach was taken after rats had been sacrificed, specimen were immediately removed, washed several times with cold normal saline, blotted between two damp filter papers, weighed 0.5 g, and stored at freezer. Specimen was transferred to a Petri dish containing cold normal saline and a container with preparation of ice for stomach homogenate. Gastric tissues were homogenized, centrifuged at 4000 rpm for 15 min at 4°C then the supernatants were utilized.

Biochemical analysis

Gastric juice collected, examined for volume, pH, and Total acidity according to [22]. The surface area (A)

cm2 covered by each lesion was measured [23]. Ulcer index and Ulcer inhibition % calculated according to Serum analyzed for IL-6 [24]. according to [25], total protein according to [26], albumin according to [27], ALT, AST activity was determined according to the kinetic method described by [28], urea and uric acid was determined according to Sodium was determined [29]. according to [30], potassium was determined according to [31], chloride was determined according to [32]. Gastric tissue homogenate analyzed for CAT according to [33], GSH was determined according to [34], NO was determined according to [35].

Histophathological analysis

0.5 g stomach were collected, washed by cold normal saline solution, dried by double sheet filter paper, fixed in neutral buffered 10% formalin (pH=7.0) for 24 h, transferred in to 70% ethyl alcohol. Samples were cleared in xylol for 6 h, placed in a crucible containing soft paraffin, kept in an oven at 56°C for 12 h. Samples were blocked in hard paraffin, cut into sections of 5 microns thickness. cleared in xylene, impregnated in paraffin wax, 5–7 µm sections were taken, stained with Harri's hematoxylin & eosin according to [36].

Statistical analysis

All analyses were performed using statistical software package SPSS (version 22.0 SPSS Inc., Chicago, USA). Quantitative variables were first tested for normality of data and homogeneity of variances. One-way analysis of variance (ANOVA) followed by Duncan's multiple range test was carried out to detect group differences. Ulcer score as well as data invalidated assumption for ANOVA were assessed with the non-parametric

alternatives (Kruskal-Wallis test then Mann-Whitney U test as a post hoc). Differences were considered statistically significant at P<0.05. Ulcer score was expressed as median and range, and other variables as mean and standard error of mean.

Results and disscussion:

Data in table (1), (2), and (3) showed that IND caused significant increase in volume, total acidity, and marked decreased pH of gastric secretion at (P < 0.05). IND also induced marked increase in ulcer index, ulcer score, and IL-6. In addition, IND caused obvious decreased gastric levels of GSH, NO, and CAT activity and increased gastric MDA as compared to control. This came in harmony with [37] who mentioned that IND caused alterations in gastric secretions of rats. This may be due to histamine over secretion contributes to increased volume of gastric juice [38], and low prostaglandin level that impairs almost all aspects of gastro-protection and increases acid secretions that increase the total acidity [39]. Low pH is a manifestation of high H+ concentration in gastric juice that act as a risk factor for gastric damage and ulcer [40]. The ulcer also may be caused by direct oxidative action [41], lipid peroxidation, or high gastric volume and total acidity that explained by high ulcer score, index, and IL-6. IND facilitate lipid peroxidation, and over production of free radicals that thwart antioxidant enzymes activities [42] that indicated by low levels of gastric GSH, NO, and CAT activity and high gastric MDA. This indicated by PM and histopathological analysis that showed marked mucosal lesions. long hemorrhagic bands, petechial lesions with ulcerative inflammation, sever distraction surface of epithelium and sloughing, sever mucosa

destructive muscularis mucosa, and numerous hemorrhaged blood vessels.

However, licorice pretreatment or ranitidine produced pronounced decrease in volume, total acidity and increased pH, reduced areas and severity of gastric lesions in the term of ulcer score, index, and levels of IL-6 at ($P \le 0.05$) compared to IND-treated Also. produced significant rats. increased levels of GSH, NO, and CAT activity and decreased MDA. Licorice can reduce gastric volume and total acidity, produce thick protective mucus for stomach lining which protect against inflammations, gastritis and peptic ulcerations [43]. Licorice can increase the quantity and viscosity of mucus, enhancing the mucosal barrier. Antiulcer activity of licorice due to the inhibitory effect of glycoside glycyrrhizin on releasing PGE2, and ROS generation causing gastric ulcer [44] [45]. Licorice has antioxidant and anti-inflammatory reduce oxidative properties that damage. The level of IL-6 decreased by treatment with GA and LQ, while the IL-6 level inhibited by LG [46]. components the Licorice inhibit generation of various mediators as MDA produced by activated macrophages. and increased the antioxidant levels of GSH and CAT activity, due to flavonoids and tannins component [47]. Ulcer inhibition % of ranitidine pre-treated groups (46.7%) more than licorice pre-treated groups (45.1%). while, licorice pretreatment produced significant increased NO, and CAT and decreased MDA level compared to ranitidine treated rats. This indicated by PM and histopathological analysis that showed very mild mucosal lesions. preservation of normal tubular arrangement of gastric glands, and minor changes in the structure of gastric glands.

Result in table (4), and (5) cleared that IND had significant decrease on total protein, albumin, and globulin and marked increase on ALT and A/G ratio at ($P \le 0.05$) as compared to control. due This may be to hepatic degenerative changes, cell necrosis surrounding central veins, glycogen depletion [48] [49], periportal hepatic necrosis, kupffer cell proliferation, and hepatotoxicity [50] [51]. While licorice pretreatment produced marked increased total protein, albumin, and globulin and marked decrease on ALT and A/G ratio as compared to IND treated rats. Licorice pretreatment produced significant increase on Total protein and decreased ALT compared ranitidine pre-treated groups. to Glycyrrhizin reduced liver enzymes in rats and induced interferon production in patients with chronic hepatitis B and C [52] [53]. The antioxidant and free radical scavenging activities of licorice have been assessed to exert antihepatotoxic effects related to strong antioxidant activity [54] [55].

Data in table (6) and (7) indicated that IND had obvious increase on uric acid. This may be due to increase uric acid over production, or decrease of excretion [56]. This agree with [57] [58] as IND lead to renal structural and functional damage and renal oxidative damage. Licorice used by [59] in hepatotoxic rats and by [60] in alloxandiabetic rats and indicated that licorice may be useful in patients with renal insufficiency. No significant difference between treated groups on sodium, potassium and chloride. In this study licorice had no effect may be due to the used dose or duration.

Conclussion

It was concluded that licorice showed great antioxidant and free radical scavenging activities used to protect from tissues damage and gastric ulcer. Licorice shown to be more effective and safer than ranitidine in ulcer treatment.

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Table 1: Effect of licorice and ranitidine pretreatment on volume, pH, and Total Acidity
on rat with induced gastric ulcer

	Parameter		
Group	Volume (ml)	рН	Total Acidity (mEq/L/100 g)
Group I	$1.70\pm0.08^{\rm c}$	4.82 ± 0.06^{ab}	36.5 ± 2.69^{bc}
Group II	1.44 ± 0.04^{d}	5.01 ± 0.07^{a}	$32.1 \pm 2.40^{\circ}$
Group III	2.79 ± 0.11^a	3.76 ± 0.13^{c}	56.5 ± 3.66^a
Group IV	$1.99\pm 0.08^{b}~(45.6\%)^{@}$	4.52 ± 0.09^{b}	41.0 ± 2.80^{b}
Group V	$1.97 \pm 0.08^{b} \left(48.6\%\right)^{@}$	4.63 ± 0.14^{b}	41.8 ± 2.34^{b}

Values are means \pm standard errors. Means without a common superscript in a column differ significantly (P \leq 0.05). (a) Decrease ratio in gastric volume relative to Indomethacin group. Group I: control, Group II: licorice, Group III: indomethacin, Group IV: licorice/indomethacin, Group V: ranitidine/ indomethacin.

Table 2: Effect of licorice and ranitidine pretreatment on Ulcer score, Ulcer index, and	
IL6 on rat with induced gastric ulcer	

	Parameter		
Group	Ulcer score*	Ulcer index	IL-6 (pg/ml)
Group I	$0(0,0)^{c}$	$0.00\pm0.00^{ m c}$	$2.31 \pm 0.04^{\circ}$
Group II	$0 (0, 0)^{c}$	$0.00\pm0.00^{\rm c}$	$2.11\pm0.09^{\rm c}$
Group III	$3(1,4)^{a}$	4.26 ± 0.96^a	10.9 ± 1.18^{a}
Group IV	2 (0, 3) ^{ab}	$2.34 \pm 0.52^{b} \left(\text{-} 45.1\%\right)^{@}$	6.56 ± 0.19^{b}
Group V	$1(0,3)^{b}$	$2.27 \pm 0.48^{b} \left(\text{-} \ 46.7\%\right)^{@}$	7.92 ± 0.24^{b}

Values are means \pm standard errors. * Median (minimum, maximum). Means/medians without a common superscript in a column differ significantly (P \leq 0.05). @ Reduction percent in ulcer index (Ulcer inhibition %) relative to Indomethacin group. Group I: control, Group II: licorice, Group III: indomethacin, Group IV: licorice/indomethacin, Group V: ranitidine/ indomethacin.

	Parameter			
Group	Catalase (unit/g tissue)	Reduced glutathione (mg/g tissue)	Nitric oxide (µmol/g tissue)	Malondialdehyde (µmol/g tissue)
Group I	0.74 ± 0.11^{ab}	21.6 ± 2.31^{ab}	9.20 ± 0.21^{ab}	6.48 ± 0.24^{d}
Group II	0.88 ± 0.04^{a}	25.2 ± 1.79^{a}	9.83 ± 0.27^{a}	6.00 ± 0.26^{d}
Group III	0.38 ± 0.03^{d}	8.29 ± 0.48^{d}	7.39 ± 0.28^{c}	19.2 ± 0.20^{a}
Group IV	0.58 ± 0.05^{bc}	$16.2\pm0.52^{\rm c}$	8.53 ± 0.31^{b}	$11.1\pm0.52^{\rm c}$
Group V	0.47 ± 0.04^{cd}	18.5 ± 0.47^{bc}	8.24 ± 0.30^{bc}	14.0 ± 0.67^{b}

Table 3: Effect of licorice and ranitidine pretreatment on CAT, GSH, NO and MDA on rat with induced gastric ulcer

Values are means \pm standard errors. Means without a common superscript in a column differ significantly (P \leq 0.05). Group I: control, Group II: licorice, Group III: indomethacin, Group IV: licorice/indomethacin, Group V: ranitidine/ indomethacin.

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	Parameter			
Group	Total protein (g/dl)	n Albumin (g/dl)	Globulin (g/dl)	Albumin to globulin ratio
Group I	5.16 ± 0.10^{a}	4.32 ± 0.06^a	$0.85\pm0.09^{\rm a}$	$5.56\pm0.52^{\rm c}$
Group II	4.71 ± 0.12^{b}	4.11 ± 0.13^{ab}	0.60 ± 0.05^{b}	7.28 ± 0.57^{ab}
Group III	$3.81\pm0.07^{\rm c}$	3.39 ± 0.06^{c}	0.42 ± 0.01^{c}	8.17 ± 0.30^a
Group IV	4.42 ± 0.17^{b}	3.78 ± 0.17^{bc}	0.64 ± 0.04^{b}	6.12 ± 0.44^{bc}
Group V	4.02 ± 0.16^{c}	3.49 ± 0.16^{c}	0.52 ± 0.04^{bc}	7.14 ± 0.70^{ab}

Table 4: Effect of licorice and ranitidine pretreatment on Total protein, Albumin, Globulin and A/G ratio on rat with induced gastric ulcer

Values are means \pm standard errors. Means/medians without a common superscript in a column differ significantly at (P \leq 0.05). Group I: control, Group II: licorice, Group III: indomethacin, Group IV: licorice/indomethacin, Group V: ranitidine/ indomethacin

Table 5: Effect of licorice and ranitidine pretreatment on liver function (AST, ALT) on
rat with induced gastric ulcer

	Parameter	Parameter			
Group	Alanine aminotransferase (U/L)	Aspartate aminotransferase (U/L)			
Group I	41.1 ± 1.19^{b}	173 ± 2.52^{ab}			
Group II	39.8 ± 1.79^{b}	162 ± 11.9^{b}			
Group III	51.1 ± 2.41^{a}	190 ± 7.68^a			
Group IV	44.6 ± 2.16^{b}	177 ± 6.82^{ab}			
Group V	51.1 ± 1.70^{a}	$190\pm4.02^{\text{a}}$			

Values are means \pm standard errors. Means without a common superscript in a column differ significantly (P \leq 0.05). Group II: control, Group II: licorice, Group III: indomethacin, Group IV: licorice/indomethacin, Group V: ranitidine/ indomethacin

	Parameter	
Group	Urea (mg/dl)	Uric acid (mg/dl)
Group I	47.5 ± 1.64^{a}	5.10 ± 0.13^{bc}
Group II	42.0 ± 1.15^{b}	$4.82\pm0.13^{\rm c}$
Group III	$50.0\pm1.09^{\rm a}$	5.62 ± 0.21^a
Group IV	$48.0\pm2.23^{\rm a}$	5.27 ± 0.11^{abc}
Group V	$50.0\pm1.32^{\rm a}$	5.47 ± 0.20^{ab}

 Table 6: Effect of licorice and ranitidine pretreatment on kidney function (Urea, Uric acid) on rat with induced gastric ulcer

Values are means \pm standard errors. Means without a common superscript in a column differ significantly (P \leq 0.05). Group I: control, Group II: licorice, Group III: indomethacin, Group IV: licorice/indomethacin, Group V: ranitidine/ indomethacin.

	Parameter		
Group	Sodium (mmol/l)	Potassium (mmol/l)	Chloride (mmol/l)
Group I	145 ± 0.30^a	5.84 ± 0.21^{a}	98.6 ± 0.54^a
Group II	143 ± 0.70^a	5.40 ± 0.15^{ab}	99.2 ± 0.61^a
Group III	144 ± 0.29^{a}	5.44 ± 0.16^{ab}	101 ± 0.37^a
Group IV	142 ± 1.38^{a}	5.18 ± 0.14^{b}	101 ± 1.15^{a}
Group V	143 ± 1.31^{a}	5.48 ± 0.09^{ab}	101 ± 0.93^a

Table 7: Effect of licorice and ranitidine pretreatment on minerals (Na, K, and Cl) on rat with induced gastric ulcer

Values are means \pm standard errors. Means without a common superscript in a column differ significantly (P \leq 0.05). Group I: control, Group II: licorice, Group III: indomethacin, Group IV: licorice/indomethacin, Group V: ranitidine/ indomethacin

Morphological investigation (PM)



Fig. 1 A control



Fig. 1 B licorice







Fig. 1 D licorice/INDO



Fig. 1 E Ranitidine /INDO

Fig. 1A & Fig. 1B; showed normal gastric mucosa, epithelial cells, with no evident of inflammation. Fig. 1C showed; marked gross mucosal lesions, including long hemorrhagic bands of different sizes and petechial lesions with ulcerative inflammation. Fig. 1D & Fig. 1E showed; successful reduced ulcer with very mild mucosal lesions.

Histopathological investigation:

The histopathological findings confirmed the protective effects of licorice that showed preservation of the normal tubular arrangement of gastric glands. Minor changes in the structure of gastric glands in form of widening of the pits with no visible ulceration.

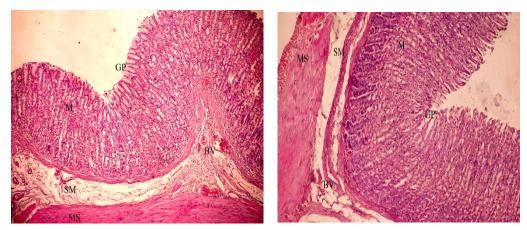


Fig. 2 A control

Fig. 2B licorice

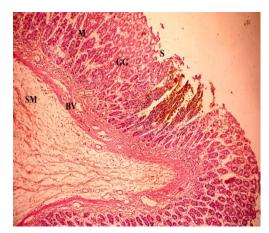




Fig. 2C indomethacin

Fig. 2D licorice/ indomethacin

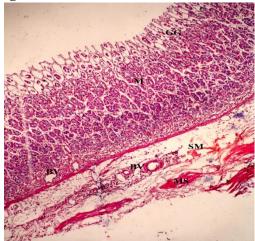


Fig. 2E ranitidine/indomethacin

Figure 2: Histological architecture of rat stomach tissue (A) showed; intact smooth surface epithelium interrupted by openings of the gastric pit (GP). Normal gastric mucosa (M). Muscularis mucosa (MS) well differentiated at the basement membrane; normal blood vessels (BV). (B) showed; intact surface epithelium with mild dilated gastric pits (GP), Normal muscularis (MS), Normal blood vessels (BV). (C) showed; sever distraction of surface epithelium and sloughing (S) with sever dilated gastric pits (GP), sever destructive muscularis (MS), invasion of mucosa by numerous hemorrhaged blood vessels (BV). Marked edema and congestion in sub mucosa. (D) showed; moderate disruption of the surface epithelium, dilated gastric pit (GP), preservation of normal tubular arrangement of gastric glands (GG), dilated blood vessels (BV), and extensive edema of the submucosal layer. (E) showed; sever disruption of the surface epithelium. There was edema and distraction of the gastric pit (GP), marked dilation and hemorrhaged blood vessels (BV) invasive to muscularis mucosa as the increased of partial cells in mid and basal of gastric gland (H&E stains 10Xmagn).